



LIFE Senior Services presents

# Community Information & Assistance Training

Two-day intensive workshop presenting up-to-date information about critical benefits and services for older adults or adults with disabilities and their families.

October 20 & 21, 2010

8 a.m. to 5 p.m.

LIFE Senior Services • 902 E. Pine • Tulsa



Register and pay by  
October 8th for an  
Early Bird Discount.

# What is CIAT?

**Community Information & Assistance Training (CIAT)** provides professionals and service providers critical and up-to-date information about resources and services for older adults, adults with disabilities, and their families. The intensive two-day workshop presents an overview of government benefits as well as community-based and in-home services. CIAT is offered by LIFE Senior Services, a trusted nonprofit organization that has been meeting the needs of seniors and their families since 1973.

## You Will Learn About

- Social Security Benefits
  - Medicare
  - Veterans Benefits
  - The Changing Needs of Today's Seniors
  - Aging Services
  - Services for Adults with Disabilities
  - Medicaid and the ADvantage Program
  - Senior Centers
  - Adult Day Services
  - Mental Health Issues & Aging
  - Legal Instruments & APS
- AND MUCH MORE**

## Who Should Attend?

- Home Health Administrators (12 CEU's)
- LPC/LMFT (13.25 CEU's)
- Social Workers (15 CEU's, CEP # 20100210)
- Case Managers
- Discharge Planners
- In-home and Community-based Service Providers
- Others in the Health, Aging, and Social Services Network

**Course provides Contact Hours Certification, for non-licensees.**

## For More Information

Mickey Hinds  
(918) 664-9000, ext. 241  
mhinds@LIFEseniorservices.org



## When and Where

October 20 & 21, 2010  
8 a.m. to 5 p.m.

LIFE Senior Services  
902 E. Pine, Tulsa

## Reservation Information

- Cost per person for Contact Hours Certification is \$80, includes lunch and snacks **Early Bird Discount for Contact Hours Certification \$75 if paid in full by October 8**
- Cost per person with CEU's is \$100, includes lunch and snacks **Early Bird Discount for CEU's is \$90 if paid in full by October 8**
- Reservations requested by Friday, October 15
- Cancellations after October 15 subject to \$25 charge
- Substitutions accepted with notice

# SCHEDULE

**Wednesday, October 20 • 8:00 a.m. - 5:00 p.m.**

- |   |   |
|---|---|
| <b>8:00 a.m. Registration and Coffee</b>  | <b>12:30 p.m. Legal Issues for Older Adults</b><br>Catherine Welsh, JD,<br>The Welsh Law Firm   |
| <b>8:30 a.m. Welcome</b>  |   |
| <b>8:45 a.m. The Changing Needs of Today's Seniors</b><br>Patty Wilson, LPC, Director of Resources<br>and Information, LIFE Senior Services               | <b>1:30 p.m. Adult Protective Services</b><br>Yvonne Fisher, JD, Assistant General<br>Counsel   |
| <b>9:45 a.m. Tulsa County Social Services</b><br>Linda Johnston, Director   | <b>2:30 p.m. Break</b>  |
| <b>10:15 a.m. Break</b>   | <b>2:45 p.m. Social Security Administration</b><br>Vicky Watkins, Public Affairs Specialist   |
| <b>10:30 a.m. Communication Strategies for People<br/>with Alzheimer's and Dementia</b><br>Jackie Lenzy, Education Coordinator<br>Alzheimer's Association | <b>3:45 p.m. Basics of Medicare</b><br>Cindy Loftin, Senior Health Insurance<br>Counseling Program Coordinator,<br>LIFE Senior Services |
| <b>12:00 p.m. Lunch</b>   |   |
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**Thursday, October 21 • 8:00 a.m. – 5:00 p.m.**

- |   |   |
|---|---|
| <b>8:00 a.m. Check-In and Coffee</b>  | <b>1:00 p.m. Disability Services Panel</b><br>Dianna Higgins, MHR, Community<br>Relations Manager, TSHA   |
| <b>8:25 a.m. Welcome</b>  | Lori Mathis-Long, MHR, Executive<br>Director, The Center for Individual<br>with Physical Challenges   |
| <b>8:30 a.m. DHS Programs</b><br>Angie Fields, Social Services Specialist II  | Carla Lawson, Executive Director,<br>Ability Resources  |
| <b>9:15 a.m. ADvantage Program</b><br>Linda Yeargain, OKDHS ADvantage<br>Administration   | Joyce Southerland, Rehabilitation of<br>the Blind Specialist, Rehabilitation Services   |
| <b>10:00 a.m. Break</b>   |   |
| <b>10:15 a.m. Age Wave in Perspective</b><br>Laura Dempsey-Polan, PhD,<br>Senior Director of Government Relations<br>and In-Home Services, LIFE Senior Services | <b>2:00 p.m. Adult Day Services</b><br>Grace Burke, Senior Director<br>LIFE's Adult Day Services  |
| <b>10:30 a.m. Ethical Issues of Mental Health and Aging</b><br>Mary Hardy, LPC, Behavioral Health<br>Consultant, LIFE Senior Services                           | <b>2:45 p.m. Break</b>  |
| <b>11:30 a.m. Senior Centers: Keeping Seniors Active<br/>and Engaged</b><br>Jan Dunkelberg, Senior Center<br>Coordinator, LIFE Senior Services                  | <b>3:00 p.m. The Veterans Administration</b><br>Pamela Haywood, BSN, RN<br>Steve Clark, MSW<br>Suzie Chastain, LCSW, LADC<br>Jan Gentry, MSW                |
| <b>11:45 a.m. Lunch</b>   | <b>4:00 p.m. The Money Follows the Person</b><br>Lathonya Shivers, MPA<br>Director of Living Choice/MFP Project<br>Director, Oklahoma Health Care Authority |
| <b>12:30 a.m. INCOG Area Agency on Aging</b><br>Clark Miller, MS  |   |

# LIFE's Community Information & Assistance Training

October 20 & 21, 2010

LIFE Senior Services • 902 E. Pine • Tulsa

## Registration

Attendee: \_\_\_\_\_ Phone \_\_\_\_\_ Email \_\_\_\_\_

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Attendee: \_\_\_\_\_ Phone \_\_\_\_\_ Email \_\_\_\_\_

Attendee: \_\_\_\_\_ Phone \_\_\_\_\_ Email \_\_\_\_\_

(Attach copy for additional attendees.)

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Please make \_\_\_\_ CIAT reservations at \$100\* each = \$\_\_\_\_\_ (lunch included). To receive CEU's.

Please make \_\_\_\_ CIAT reservations at \$80\*\* each = \$\_\_\_\_\_ (lunch included). To receive Contact Hours.

My check is enclosed for \$\_\_\_\_\_ (payable to LIFE Senior Services)

Please charge \$\_\_\_\_\_ to my  Mastercard  Visa

Credit Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Three-digit verification number (on back of card) \_\_\_ \_\_\_ \_\_\_ Billing address zip code: \_\_\_\_\_

Name on the card: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Please invoice me (organizations only)

**Reservations requested by Friday, October 15th.** Cancellations after October 15 will be subject to a \$25 charge.

Substitutions accepted with notice.

Mail to: Mickey Hinds, LIFE Senior Services, 5950 E 31st St, Tulsa, OK 74135

or

FAX to: Mickey Hinds, LIFE Senior Services, 664-9922

\*\$90 for CEU's if paid in full on or before October 8, 2010

\*\*\$75 for Contact Hours if paid in full on or before October 8, 2010